



**Brilliant  
Parents**  
Transforming  
Children's Lives

# Teen Triple P Discussion Group

## Reducing Family Conflict



**Triple P Discussion Group – Reducing Family Conflict**  
**Tuesday 21<sup>st</sup> January 2025**  
**6pm-8pm**  
**Delivered via zoom**

### IS THIS YOU?

You are doing a pretty good job at raising your teenager, but sometimes you struggle with knowing how best to cope with conflict between siblings and amongst family members, as children move into the teenage years.

Do you know that conflict between siblings and among family members, increases as children move into the teenage years?

It can be quite a challenge to know when to intervene in an argument or how to remain calm when you become involved. Teenagers need to learn good problem-solving skills to help them deal with disagreements without become aggressive.

This Triple P (Positive Parenting Programme) small group workshop will look at some of the reasons why teenagers can get into fights and arguments and gives some practical suggestions to both help you teach your teenager to solve problems peaceably and manage any problems if you need to.

**To register, kindly complete and submit both the registration form and parenting experience survey at these links:**

<https://www.brilliantparents.org/brilliant-parents-self-referral/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>

