



**Brilliant  
Parents**  
Transforming  
Children's Lives

# Triple P Discussion Group Managing Fighting and Aggression



**Triple P Discussion Group – Managing Fighting & Aggression**  
**Monday 13<sup>th</sup> January 2025**  
**10am-12noon**  
**Delivered via Zoom**

## IS THIS YOU?

Most of the time, parenting is fun. You know you are doing a good job, but sometimes you struggle with what to do when your child argues or fights and becomes aggressive.

Do you know that the most important thing is for children to learn how to get along with others and to deal with disagreements and frustrations?

This is something parents can teach them, by having clear limits and setting a good example.

This Triple P (Positive Parenting Programme) workshop will look at some of the reasons why children fight and

give you some practical suggestions to help you prevent problems, by showing you both how to teach your child to play cooperatively, resolve conflicts and how to manage any problems with fighting or aggression if you need to.

**To register, kindly complete and submit both the registration form and parenting experience survey at these links:**

<https://www.brilliantparents.org/brilliant-parents-self-referral/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>

