



**Brilliant  
Parents**  
Transforming  
Children's Lives

# Triple P Discussion Group

**Stress-free Shopping with Children**



**Triple P Discussion Group – Stress Free Shopping with Children**  
**Friday 16<sup>th</sup> December 2024**  
**10am-12 noon**  
**Delivered via zoom**

## IS THIS YOU?

Most of the time, parenting is fun. You know you are doing a good job, but sometimes you struggle with your child's behaviour when out shopping.

Do you know that one of the most difficult times for parents is when their children misbehave in public – those times when either children won't do as they are told or really lose their cool?

Parents often have to deal with difficulties like these when they are out shopping. You'll be happy to hear you can make shopping fun and you can teach your child to behave well on shopping trips.

This Triple P (Positive Parenting Programme) workshop will look at some of the reasons why children misbehave on shopping trips and will give you some practical suggestions to help you avoid those hassles and manage any problems that happen while you are out shopping.

**To register, kindly complete and submit both the registration form and parenting experience survey at these links:**

<https://www.brilliantparents.org/brilliant-parents-self-referral/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>



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