

Psychology Bridging Work

Year 10 into 11 for 2024/25

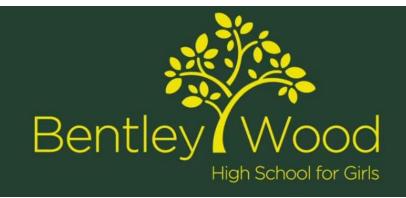


Name:	
Tutor Group: _	
Teacher:	

Year 10 GCSE Psychology Bridging Work



Topic	Task	Completed?
Psychological	Produce a fact file on	
problems	Depression and	
	Addiction	
Sleep and Dreaming	Research the effects	
	of sleep on the body	
Research Methods	To complete the 12	
	marker	
9 Marker	To complete the 9	
	marker on the 2	
	areas of psychology	



When is this Bridging work due?

Your bridging work will be collected in your **first psychology** lesson back after the summer holidays.

The work will be marked as either a Pass, Borderline, or Fail. If the work is not completed to standard, you will sit a detention.

Where can I find the Bridging work if I lose mine?

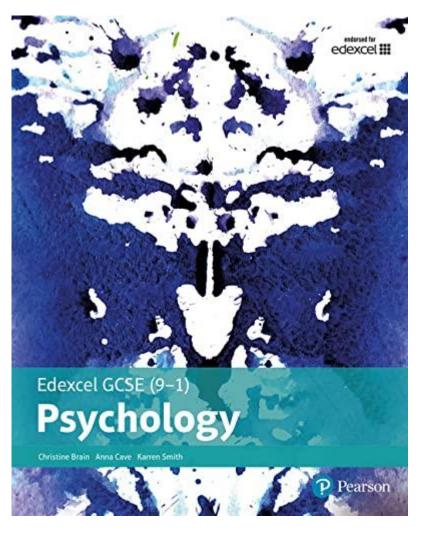
Either on the school website or my psychology class teams channel.

What topics can I expect to learn this year?

- Psychological Problems
- Sleep and Dreaming

What have I learnt already?

- Social Influence
- Research Methods
- Memory
- Criminal Psychology
- Development
- Brain and Neuropsychology



Psychological problems

Produ	uce a fact file on	Depression and	d Addiction.		
Inclu	de symptoms, ca	uses and treati	ments		
Depr	ession fact file				
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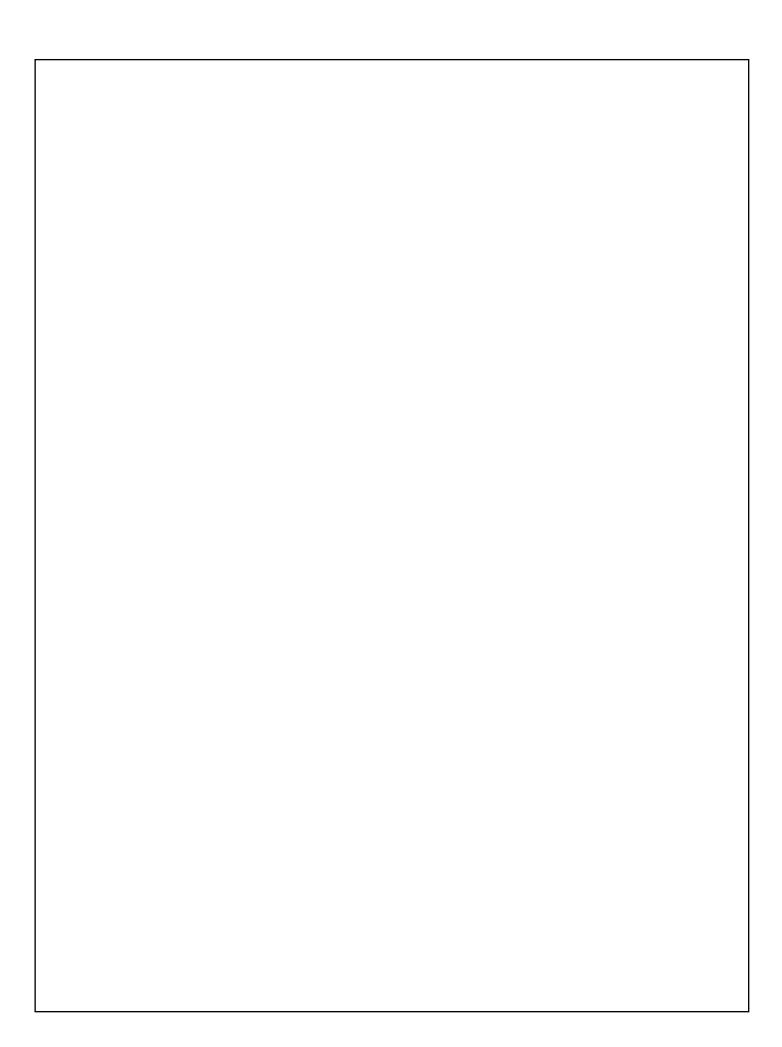
Addiction fact file		

Sleep and Dreaming

Imagine you are a neuropsychologist, your job is to research the effect of sleep on the body and cognitive functioning (thoughts).

Produce a report which includes:

- The positive effects of sleep on your body
- The positive effects of sleep on your mind
- The effects of too little sleep on your body and mind
- The effects of too much sleep on your mind and body
- Include the names of the websites you used to gain this information



Research Methods

Hayley wants to conduct a study to see if sixth form students are frightened of snakes. In her sixth form there are 512 students and so she can't use them all in her study as this would take her too long. She chooses to have a sample of 30 students only. She writes all 512 names on individual pieces of paper, places them into a box and selects out the first 30 names. These 30 names so will conduct her fear of snake test on.

Evaluate the use of random sampling in psychological research (12 marks)



9 Marker

of the group that all drink alcohol, so Leslie started to drink alcohol. She says she does not want to stop drinking alcohol because she will be the only one of the group that does not drink. However, Leslie is also worried that she will not be able to stop drinking. She has noticed that she becomes anxious and cannot concentrate when she has not had a drink of alcohol. Assess Leslie's behaviour using two areas of psychology that you have studied (9 marks)

