



# Psychology Bridging Work

Year 10 into 11 for 2024/25

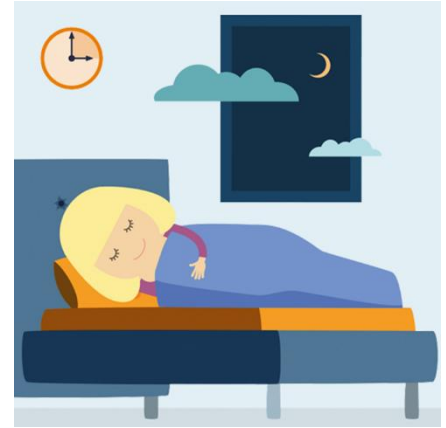


Name: \_\_\_\_\_

Tutor Group: \_\_\_\_\_

Teacher: \_\_\_\_\_

# Year 10 GCSE Psychology Bridging Work



Topic	Task	Completed?
Psychological problems	Produce a fact file on Depression and Addiction	
Sleep and Dreaming	Research the effects of sleep on the body	
Research Methods	To complete the 12 marker	
9 Marker	To complete the 9 marker on the 2 areas of psychology	

Name: \_\_\_\_\_

## When is this Bridging work due?

Your bridging work will be collected in your **first psychology** lesson back after the summer holidays.

The work will be marked as either a Pass, Borderline, or Fail.

If the work is not completed to standard, you will sit a detention.

## Where can I find the Bridging work if I lose mine?

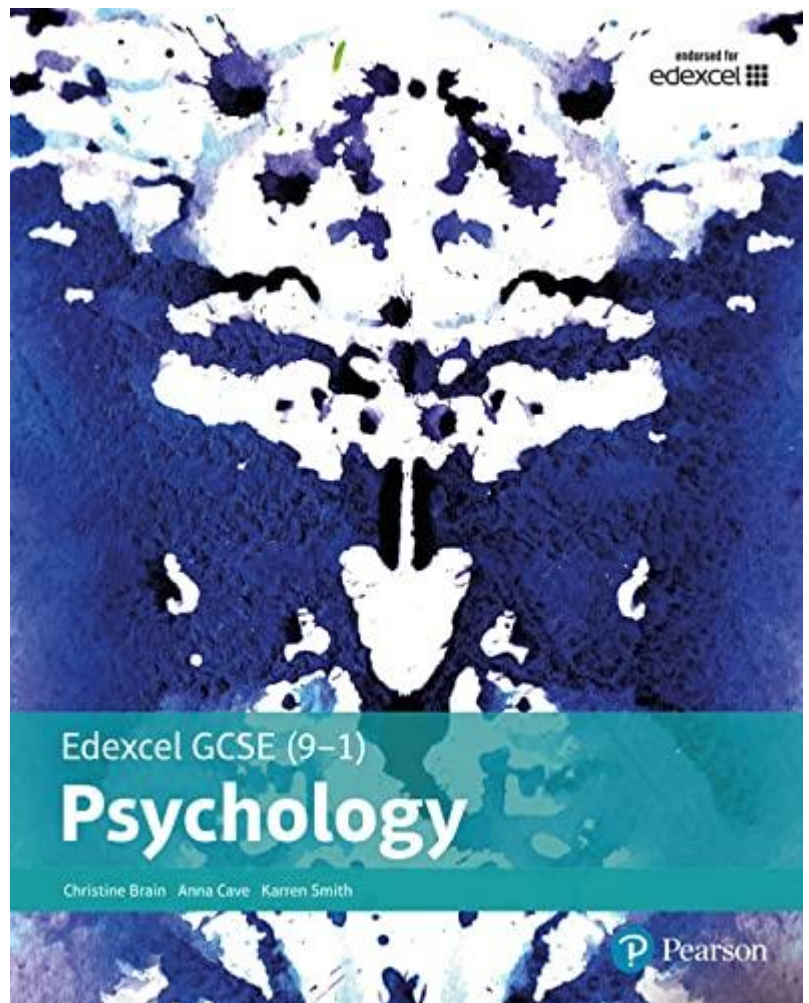
Either on the school website or my psychology class teams channel.

## What topics can I expect to learn this year?

- Psychological Problems
- Sleep and Dreaming

## What have I learnt already?

- Social Influence
- Research Methods
- Memory
- Criminal Psychology
- Development
- Brain and Neuropsychology



Psychological problems

Produce a fact file on Depression and Addiction.

Include symptoms, causes and treatments

Depression fact file

Addiction fact file

## Sleep and Dreaming

Imagine you are a neuropsychologist, your job is to research the effect of sleep on the body and cognitive functioning (thoughts).

Produce a report which includes:

- The positive effects of sleep on your body
- The positive effects of sleep on your mind
- The effects of too little sleep on your body and mind
- The effects of too much sleep on your mind and body
- Include the names of the websites you used to gain this information

